

# ODDS ON

## Support Pack



**Odds On** draws from real life issues surrounding gambling harms.

In recognition of this we have collated the support resources below in consultation with our Lived Experience Creative Advisory Group, made up of people with lived experience of gambling harm. You can read further on the themes of Odds On and access support services if you think you, or someone you know, has experienced gambling harm. Click the logos below to access more information on each.

| GAMBLING TREATMENT & SUPPORT | PEER & FAMILY SUPPORT | SELF EXCLUSION TOOLS & RESOURCES | ADDITIONAL INFORMATION |
|------------------------------|-----------------------|----------------------------------|------------------------|
|                              | GamAnon UK            |                                  | BeGambleAware          |
|                              |                       |                                  |                        |
|                              |                       |                                  | TOOLS & RESOURCES      |
|                              |                       |                                  |                        |
|                              |                       |                                  |                        |

| HELPFUL PODCASTS  |   |   |  |   |
|---|---|---|--|---|
| Available on Spotify, Apple Podcasts, Google Podcasts & various other reputable providers of listening content. |   |   |  |   |
| <a href="#"><u>All Bets Are Off</u></a>   | <a href="#"><u>All In: The Addicted Gambler's Podcast</u></a> | <a href="#"><u>The Broke Girl Society</u></a> | <a href="#"><u>The Invisible Addiction</u></a> | <a href="#"><u>The Problem Gambling Podcast</u></a> |